**JERSEY CITY RECREATION WINTER TRACK & FIELD SERIES**

**19TH ANNUAL LEON BAILEY “LIBERTY RELAYS”**

Conducted by the Hudson County Track Coaches Association

**Friday, December 20, 2019 starting at 4:00 p.m.**

at the Jersey City Armory -678 Montgomery Street, Jersey City

**DIVISIONS**: Varsity & Novice. Novice is for High School athletes who have not earned a track & field medal prior to this meet, including previous years. Please be honest in your entries so that we may keep this division at the level it was intended.

**MAX ENTRY:** One (1) relay team per school, per event, in Varsity. Two (2) relays max per school in Novice. We want to keep the meet at a manageable length, so this will be enforced! **Paper Entry MUST be submitted by deadline PLEASE!!**

**MEDALS:** Top 6 in each event / division if entries warrant.

**COST:** $20 per relay or $350 per team (Boys & Girls separate) for blanket entry. Combined boys & girls teams enter for $650 for maximum allowed participation.

**PAYMENT:** Make check payable to: **HUDSON COUNTY TRACK COACHES ASSOCIATION**

Mail check to: John E. Nagel, 10 Cherry St., Jersey City, NJ 07305

**DEADLINE:** Entries close Thursday 12/12/19 or capacity - please enter ASAP. If you have an outstanding balance from last year your entry will not be accepted.

**QUESTIONS**: John E. Nagel, Meet Dir. (201) 401–7394.

**ORDER OF EVENTS:**

|  |  |  |  |
| --- | --- | --- | --- |
| **4 x 800m Relay**  | VG, VB, NG, NB | **High Jump Relay** | NG start @ 3’8” |
| **Shuttle Hurdle Relay**  | VG, NG, VB, NB |  | VG start @ 4’2” |
| **Distance Medley Relay**1200-400-800-1600 | VG, VB, NG, NB |  | NB start @ 4’10” |
| **4 x 200m Relay**  | VG, VB, NG, NB |  | VB start @ 5’2” |
| **Sprint Medley Relay** 400-200-200-800 | VG, VB, NG, NB  |  |  |
| **4 x 400m Relay**  | VG, VB, NG, NB | **Shot Put Relay** | VG, VB, NG, NB3 throws, no final all divisions |

**This meet, since 2004, has been named in honor of Hudson County Hall of Famer and Olympic official, Leon Bailey. Leon spent time in St. Louis’ but as an educator and coach who made Jersey City home years ago. Leon turned 93 on 12/16. . . Happy Birthday Mr. Bailey!**

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**ENTRY FORM**

**SCHOOL**: **PHONE**:

**AD**: **E-MAIL:**

**COACH**: **E-MAIL:**

You will be billed for & allowed to compete in ONLY those events which you check off in the entry grid. Limit one (1) Relay per event in the Varsity Division and two (2) Relays in the Novice Division.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Varsity Boys**Limit 1 Relay | **Novice Boys**Limit 2 Relays | **Varsity Girls**Limit 1 Relay | **Novice Girls**Limit 2 Relays |
| **4 x 800m Relay** |  |  |  |  |
| **Shuttle Hurdle Relay** |  |  |  |  |
| **Distance Medley Relay** |  |  |  |  |
| **4 x 200m Relay** |  |  |  |  |
| **Sprint Medley Relay** |  |  |  |  |
| **4 x 400m Relay** |  |  |  |  |
| **High Jump Relay (2 per)** |  |  |  |  |
| **Shot Put Relay (2 per)** |  |  |  |  |

\_\_\_\_\_ x $20 per Relay = $

\_\_\_\_\_ $350 per full Boys Team = $

\_\_\_\_\_ $350 per full Girls Team = $

\_\_\_\_\_ $650 combined Boys & Girls $

TOTAL $

**Check Payable To**: **Hudson County Track Coaches Association Deadline**: 12/12/19 or capacity!

**E-Mail Entry To:** HCTCA1976@yahoo.com **Mail Entry / Check To**:

**Or Fax** 201-547-4761 John E. Nagel, Meet Director

 10 Cherry St., Jersey City, NJ 07305

**Questions:** John E. Nagel (201) 401–7394

Please note these are entry fees not participation fees. If you have an outstanding balance from prior meets your entry will not be accepted, if you have doubts or questions, please call.

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**ENTRY CONTRACT**

**This form must accompany your entry.**

THIS IS NOT THE ENTRY FORM. THIS IS A PROMISE TO PAY THE ENTRY FEE. PLEASE BE REMINDED THAT THESE ARE ENTRY FEES AND NOT PARTICIPATION FEES.

**School**:

**Address:**

**School / A.D. Phone:**

**Circle one:** BOYS GIRLS BOTH

Entry Fee from **ENTRY FORM** $

**Payment:**

Please make checks payable to “**Hudson County Track Coaches Association**”

Mail check to; John E. Nagel, Meet Director, 10 Cherry Street, JC, NJ 07305

**Coach**: **Signature**:

**E-Mail**:

**A.D.**  **Signature**:

**E-Mail**:

**JERSEY CITY RECREATION**

**WINTER TRACK & FIELD SERIES**

*at the Jersey City Armory -*678 Montgomery Street, Jersey City

**PARKING INSTRUCTIONS**

Please note that there is no onsite parking for the series.

Please do not permit your bus to park or double-park in the surrounding neighborhood. Please plan for your bus to park at either Ferris HS (35 Colgate Street) or Lincoln Park.

**Ferris HS** is located off Montgomery Street near the NJTP 14c exit ramp.

**Lincoln Park** is located between Duncan & Communipaw Avenues off Westside Avenue. Take Montgomery Street west and turn left onto Westside Avenue. Turn right onto Duncan Avenue and the park entrance will be on left hand side.

Or take Montgomery Street west and turn left onto Westside Avenue and continue to Belmont Avenue and the park entrance will be on the right-hand side.

There are (4) lots in Lincoln Park:

* Track Lot –near Duncan Avenue & Rt. 1&9
* Tennis Court Lot –near Communipaw Avenue
* Fountain Lot –near Casino in The Park Restaurant
* Lincoln Park West Lot –take bridge in park adjacent to track over Rt. 1&9